



**2010 ALLIANCE RUNNING
CROSS COUNTRY INVITATIONAL
SEPTEMBER 18, 2010**

Boys Division II/III	9:00 A.M.
Girls Division II/III	9:40 A.M.
Boys Division I	10:20 A.M.
Girls Division I	11:00 A.M.
Boys Open Race 9 th and 11 th grade	11:40 A.M.
Boys Open Race 10 th and 12 th grade	12:20 P.M.
Girls Open Race	1:00 P.M.
Junior High Girls	1:30 P.M.
Junior High Boys	2:00 P.M.

**DII/III AWARDS 12:15 p.m.
DI AWARDS 1:45 p.m.
JH AWARDS 2:30 pm**

- Top 20 DI Varsity race (special awards), 21-40 Varsity Race (ribbons), Top 3 Varsity Teams (trophies)
- Top 15 DII/III Varsity race (special awards), 16-40 (ribbons), Top 3 Varsity Teams (trophies)
- Results will be available at the meet and posted on this website
- Top 15 Junior High Race (Special Awards), 16-40 (ribbons), Top 3 Teams (trophies)

Coaches Hospitality Room: All coaches and meet workers will have access to a hospitality room. The room will be located in the west Maintenance Bay (same building as packet pickup). Sandwiches, snacks, and drinks will be available here. Coaches will pick up copies of results here, too.

DI Varsity Races will feature a maximum of 10 runners per team. The remaining runners will compete in the Open Races.

DII/III and junior high teams will run all their runners in the varsity races.

BIBS GET PINNED ON THE FRONT OF THE UNIFORM.

ROSTER CHANGES: PLEASE SEE THE RESULTS AREA LOCATED IN THE MAINTENANCE GARAGE.

RESULTS: Individual and team results will be posted on www.alliancerunning.com and copies will be posted for each race within 15 minutes after completion.

PARKING: Plenty of parking.

REFRESHMENTS: Concessions will be available for runners and spectators.

T-SHIRTS: Long sleeve (\$15) and short sleeve invitational t-shirts (\$10) will be on sale. They will feature invitational logo.

RESTROOMS: Port-O-lets will be available.

Course: The course is the same as last year and same as the district course.