

6th Annual St. Chris Run for the Youth

August 13, 2011
5k Run/Walk



Where: St. Christopher Church, 435 E. National Road, Vandalia, Ohio at the corner of Route 40 Exit and I-75

When: Saturday, August 13, 2011, 8:30 AM. Race day registration begins at 7:00 AM.

Why: All proceeds to help fund the Summer Mission Trips for the St. Chris Youth Ministry Program

P.R. Course: Very flat and certified 3.1 miles (5,000 meters). Out-n-back mostly through neighborhood streets with the start and finish at the Church. **Split times every 1/2 mile!**

Awards: The top female and male finisher will receive a trophy and **free race entry to this race for life!** At least the top 3 female and male finishers will receive awards in each of the following age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70-100.

Team Race: The top 3 female, male and co-ed teams will receive medals for each of the 5 scoring-members. Teams may have any number of members (5 minimum) of **any** age. Corporate-High School-Church-Whatever. Team place will be determined by adding the finish times of the top 5 runners.

Entry Fee: Pre-registration (postmarked by August 1st) \$15 and guaranteed a t-shirt, or \$12 (no shirt). Race-day fee \$20 for **all** (t-shirts while extras last). Make checks payable to: **St. Chris 5k Run/Walk**. No refunds. Mail to: **Lonnie Adkins, P.O. Box 714 Vandalia, Ohio 45377**

Extras: Refreshments-Door prizes.

Questions: Contact Lonnie Adkins at 937-890-8557, or email at werun@woh.rr.com

Gold & Silver Sponsors: Vandalia-Butler Foundation, Abbey Credit Union, Dan Hemm Chevrolet Buick GMC Cadillac, Buckeye Heart and Vascular Institute, Father Aufderheide Knights of Columbus Council 12912, Keller-Williams Home Town Realty, Holly Wasinksi, R.B. Jergens Contractors, Ross Shira D.D.S., St. Chris Athletic Boosters, Spieles Insurance Agency, Abacus Landscaping, Basic Vitamins, Furst the Florist and Greenhouses, Morton and Whetstone Funeral Home, Siefker Construction

Name _____ Address _____ City _____ State _____ Zip _____
 Phone _____ Email _____ Birthdate _____ Age on 8/13/11 _____ Sex: M F
 Team Name _____ Shirt Size: (Adult) S M L XL or Child large _____ Amount enclosed: \$ _____

Release (Please read before you sign): By signing this release on behalf of myself or the person of which I am the Legal Guardian, as well as my heirs, estate, and personal representatives, I agree to INDEMNIFY AND HOLD HARMLESS the Archdiocese of Cincinnati and St. Christopher Church, including their staff and members, respectively, race sponsors, race directors, race volunteers, and any other involved individuals and organizations for any loss, damage, injury, disability, or death sustained as a result of participation in the **St. Christopher Run for the Youth 5k Run/Walk**, before, during, or after the event, regardless of any negligence of the above individuals/organizations or otherwise, to the fullest extent permitted by law. I (and the participant) understand the risk and perils of running/walking on neighborhood streets and will participate with safety in mind for myself and others. I (and the participant) also understand the great risk associated with running/walking the distance of 3.1 miles, especially in the summer heat, and attest that I (and the participant) will be sufficiently trained on August 13, 2011 to handle the stress and demands of this event.

I (and the participant) have read this release, understand it fully, and agree to abide by it in exchange for participation in the St. Chris Run for the Youth 5k event.

Signature _____ Date _____
 (Legal Guardian if under 18 years of age, otherwise form will be void and runner pulled from the race)

Please, no skates-skateboards-bikes-dogs-cats-lions-tigers-bears-livestock.....(strollers now okay)