

12TH ANNUAL ST CHRIS 5K RUN | WALK FOR THE YOUTH

SATURDAY, AUGUST 19, 2017

WHERE: St. Christopher Church, 435 E. National Road, Vandalia, Ohio at the corner of Route 40 Exit and I-75

WHEN: 8:30 AM. Race day registration begins at 7:00 AM.

WHY: All proceeds to help fund the Summer Mission Trips for St. Chris Youth Ministry
REFRESHMENTS AND MANY DOOR PRIZES!

P.R. COURSE: Very flat and certified 3.1 miles (5,000 meters). Out-n-back, through neighborhood streets with the start and finish at the Church. Split times every 1/2 mile!

AWARDS: The overall female and male winners will receive a trophy, gift card, and free race entry to this race for life! The top 3 female and male finishers will receive awards in each of the following age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65- 69, 70- 79, 80- 120

TEAM RACE: The top 3 female, male, and co-ed teams will receive medals for each of the 5 scoring-members. Teams may have any number of members (5 minimum) of any age. High School-Church-Families-Whatever. Team place will be determined by adding the finish times of the top 5 runners.

ENTRY FEE: Pre-registration (postmarked by August 10th) \$20 and guaranteed a t-shirt, or \$15 (no shirt). Race-day fee \$20 for all (t-shirts while extras last). Teams of at least 10: Pre-registration = \$15 guaranteed shirt, or \$10 (no shirt). Make checks payable to: St. Chris 5k Run/Walk. No refunds.

Mail to: Lonnie Adkins, P.O. Box 714 Vandalia, Ohio 45377

QUESTIONS: Contact Lonnie Adkins at 937-726-7769, or email werun@woh.rr.com

ONLINE REGISTRATION & RESULTS: www.alliancerunning.com (small fee may apply)

GOLD & SILVER SPONSORS: Gold & Silver Sponsors: R. B. Jergens Contractors, Dan Hemm Chevy-Buick-GMC-Cadillac, Father Aufderheide Knights of Columbus, Merrill Lynch (Terri Rubins), Morton and Whetstone Funeral Home, Spieles Insurance Agency, Steven Reed Insurance Agency, Xcel Sports Medicine, Abacus Landscaping,



NAME: _____ ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 PHONE: _____ EMAIL: _____ BIRTHDATE: _____ AGE (On 8/19/17): _____ SEX: or
 TEAM NAME: _____ SHIRT SIZE (Adult): S M L XL or Child Large AMOUNT ENCLOSED: \$ _____

Release (Please read before you sign): By signing this release on behalf of myself or the person of which I am the Legal Guardian, as well as my heirs, estate, and personal representatives, I agree to INDEMNIFY AND HOLD HARMLESS the Archdiocese of Cincinnati and St. Christopher Church, including their staff and members, respectively, race sponsors, race directors, race volunteers, and any other involved individuals and organizations for any loss, damage, injury, disability, or death sustained as a result of participation in the St. Christopher Run for the Youth 5k Run/Walk, before, during, or after the event, regardless of any negligence of the above individuals/organizations or otherwise, to the fullest extent permitted by law. I (and the participant) understand the risk and perils of running/walking on neighborhood streets and will participate with safety in mind for myself and others. I (and the participant) also understand the great risk associated with running/walking the distance of 3.1 miles, especially in the summer heat, and attest that I (or the participant) will be sufficiently trained on August 19, 2017 to handle the stress and demands of this event.

I (and the participant) have read this release, understand it fully, and agree to abide by it in exchange for participation in the St. Chris Run for the Youth 5k event.

SIGNATURE: _____

DATE: _____

Legal Guardian if under 18 years of age, otherwise form will be void and runner pulled from the race.